

THE BURN VALLEY RUN COMMITTEE

Proudly Present the 22nd



BURN VALLEY RUN
www.burnvalleyrun.com

BURN VALLEY RUN



Sunday July 1st 2012
Start Time 1pm



UK Athletic
Licence No.
2012-102895



SWINTON PARK
North Yorkshire
luxury castle hotel



I'Ansons
Quality Feeds



The race starts and finishes on the historic Masham Market.

All proceeds from the race are donated to Local Schools and Community Youth Projects

The course takes you through the grounds of the magnificent Swinton Park Castle Hotel, and into the stunning countryside of Colsterdale and the Burn Valley.

The course is undulating, and is run on rural and moorland roads, and is a good test of endurance and stamina.

In recognition of the support given by all the athletes over the years and the present tough economic climate, the Race Entry fee is reduced by £1 from that in 2011.

However, due to increased costs in providing the necessary medical cover, traffic management etc for the event to meet the Race Licence requirements, all finishers this year will receive a quality medal only, plus spot prizes will be given at random intervals after 40th place. This should enable us to maintain the level of donations to our chosen causes.

All runners will still be eligible for a delicious post race tea to be held in Masham Town Hall prior to the Race Presentations.

There is a 2 mile off road Fun Run for 16 yrs and under. Start 11am
Entries on the day. All finishers will receive a medal. Plus awards for local Masham Schools.

PRIZE LIST

1st Man £50 cash, plus Dinner for 2 at Swinton Castle.

2nd Man £70 value inc £30 cash, 3rd Man £50 value inc £20 cash 4th Man £40 value, 5th Man £30 value.

1st Woman £50 cash, plus Dinner for 2 at Swinton Castle.

2nd Woman £70 value inc £30 cash, 3rd Woman £50 value inc £20 cash, 4th Woman £40 value, 5th Woman £30 value.

1st 3 Men & Women O/35, O/40, O/45, O/50, O/55, O/60, 1st 2 Men & Women O/65 and 1st Man & Woman O/70.

Prizes to the value 1st £30, 2nd £25, 3rd £15. 1st Male & Female Teams Prize value £30 each

NOTE: One prize per person, except team prizes. (Club colours must be worn).

£100 Cash Bonus Payments for Male & Female Course Records

1st Male time under 71.11 - 1st Female time under 84.06

(Ian Fisher 1999)

(Sheila Allen 2000)

IMPORTANT ADDITIONAL RACE INFORMATION

On acceptance of your entry you will be sent a programme and an entry slip containing info about your race number,

as this year you will pick up your number on race day between 11am and 12.45 pm.

YOUR NUMBER WILL NOT BE POSTED OUT TO YOU.

Please complete the medical information on the back of your number.

Your race number must not be defaced or cut down in any way, if you do you may be expelled from the race.

All race day car parking will be at l'Ansons Mill on Thorpe Road. HG4 4JB for sat nav users.

Parking will be signposted through the town. Please do not park on the streets.

CLOSING DATE FOR ENTRIES IS: FRIDAY JUNE 22nd.

RACE IS LIMITED TO 400 RUNNERS

THERE ARE NO ENTRIES ON RACE DAY

***** Entry Fee:- £14.00 (affiliated) - £16.00 (non-affiliated) *****

Cheques and P.O's Payable to BURN VALLEY RUN

Postal Entries to: Burn Valley Run, 4 Ripley Drive, Harrogate, North Yorks, HG1 3JD.

Please enclose an A5 S.A.E. for race info and programme.

For further information go to **www.burnvalleyrun.com**

Please tear off and return.

Please tear off and return.

Please tear off and return.

OFFICIAL ENTRY FORM PLEASE PRINT IN BLOCK LETTERS

OFFICIAL USE

First Name: _____ Surname: _____

Male/Female _____ Age (on race day) _____ D.O.B _____ Est. Finish Time _____

Address: _____

_____ Post Code _____

Club: _____ UKA Reg. No. _____

Declaration: Please enter me for this event for which I enclose the appropriate fee. I am an amateur as defined by UK Athletics and agree to abide by their rules. I am medically fit and understand the organisers will not be held responsible for any injury, loss or illness caused to me during or as a result of the race or for any property lost or damaged during the event. I am over 17 years of age on the day of the race.

In case we need to contact you put a telephone no. or email address below.

If the race is cancelled due to conditions beyond our control, entry fees will not be returned, but we will endeavour to re-run the race at a later date.

Signed..... Date.....